



## TECHNICAL GUIDE

Version on 10<sup>th</sup> November 2017 (v.02)

The 37<sup>th</sup> Asian Cycling Championships

The 24<sup>th</sup> Asian Junior Cycling Championships

The 6<sup>th</sup> Asian para-cycling championship

**BAHRAIN: 23<sup>rd</sup> February –3<sup>rd</sup> March 2017**

### Organizers



**ASIAN CYCLING CONFEDERATION**



**BAHRAIN CYCLING ASSOCIATION**

**[www.acc2017.bahraincycling.com](http://www.acc2017.bahraincycling.com)**

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## About Bahrain

The Kingdom of Bahrain is an archipelago of low lying islands located in the Arabian Gulf off the Eastern shore of Saudi Arabia.

Frequently called the Pearl of the Arabian Gulf, Bahrain has a history of civilizations that date back more than 5,000 years. Bahrain is the ancient site of the immortal land of Dilmun, and was the religious center to Sumerians, Babylonians and Assyrians, as proven by many archaeological excavations.



Many legends surround the land – the multitude of ancient burial grounds here gave rise to the title “Isle of Eternity,” before modern archaeology explained them as a legacy of Dilmun times; centuries upon centuries of human habitation packed into one compact site.



Writings of the ancient Sumerians refer to Dilmun as a pure and sacred place where sickness and death do not exist, a paradise land of sweet waters.

The area does in fact have fresh water artesian and under seabed springs, rich in minerals and especially fluoride – known locally as sweet-water. These have sustained life here since the Ubaid civilization of Neolithic times 6000 years ago.

The sweet-water springs may be the basis for the legend of Gilgamesh; a Sumerian epic of a quest for immortality from the flower of life (pearl) which leads to Dilmun, the “land of two seas”.

From the mists of time to a vibrant present Bahrain thrives under a stable and prosperous government.

Today, the modern Arabic name “Bah-rain” still retains this meaning – “two waters”, its landscape is a tapestry of marvelous old sites and colorful traditional markets dotted between modern skyscrapers and buildings.

While relatively small in population, land area and resources, Bahrain has achieved a high level of social and economic development over a short period of time.

**Country Facts:**

- Land Area 770sq km
- Population 1,101,230
- Key Sectors:
- Financial services.
- Logistics.
- ICT.

Value-added manufacturing, Industrial services.

Professional services.

Main export Oil, Aluminum

Currency Bahraini Dinar (USD 1 = BD 0.376)

Time zone GMT +3



## About Sports Cycling

The association was founded in 1983. Before the declaration of the association, there were races organized by individuals and companies. The present clubs associated with the association are as follows:

- Budaiya Club
- Al Shabab Club
- BaniJamra Club
- East Riffa Club
- Riffa Club
- A'ali Club
- Dar Kulaib Club

The Bahrain Cycling Association is keen to organize clubs Cup and League throughout the season and for the following age categories – juniors, youth and men. They also hold summer races for clubs and youth centers to discover new talents.

Types of races: individual time-trial races, team races time-trial races and individual races.

National teams in Bahrain receive unlimited support in the past years, which had contributed to achieving outstanding results in regional and continental championships.

The Bahraini teams had achieved many accomplishments on the GCC, Arab and continental levels, while national star riders managed to excellent results in different cycling tours.

- Champions of the First GCC Games in2011
- Champions of the Third GCC Tour in 2010
- Bahrain's Sayed Ahmed Khalil winning The Fourth GCC Tour in 2011

The Bahrain Cycling Association is keen to participate in training courses to qualify, refine and develop national cadres in a variety of sporting disciplines.



## **INTRODUCTION**

This document contains the information needed by all participating Asian National Federations for 37th Asian Cycling Championships, 24th Asian Junior Cycling Championships and the 6<sup>th</sup> Asian para-cycling championship 2017, to be held in Bahrain International Circuit (BIC), Kingdom of Bahrain from 23<sup>rd</sup> February – 3<sup>rd</sup> March 2017

### **1. RULES**

The 37th Asian Cycling Championships, 24th Asian Junior Cycling Championships and the 6<sup>th</sup> Asian para-cycling championship 2017, will be conducted in accordance with the latest RULES and REGULATIONS of the Union Cycling International (UCI) and Asian Cycling Confederation (ACC). In case of the disagreement in the translation of the RULES, the English text shall prevail. Any general issues will be resolved in accordance with the UCI and ACC constitution. Only the UCI scale of penalties shall be applicable.

### **2. PARTICIPATION**

All countries affiliated to Asian Cycling Confederation (ACC) are eligible to participate. The list of the countries is given below:

1	Afghanistan	AFG	22	Macao	MCO
2	Bahrain	BRN	23	Malaysia	MAS
3	Bangladesh	BAN	24	Myanmar	MYA
4	Brunei Darussalam	BRU	25	Mongolia	MGL
5	Cambodia	CAM	26	Nepal	NEP
6	China	CHN	27	Oman	OMA
7	DPR Korea	PRK	28	Pakistan	PAK
8	East Timor	TLS	29	Philippines	PHI
9	Hong Kong	HKG	30	Qatar	QTR
10	India	IND	31	Saudi Arabia	KSA
11	Indonesia	INA	32	Singapore	SIN
12	Iran	IRI	33	Sri Lanka	SRI
13	Iraq	IRQ	34	Syria	SYR
14	Japan	JPN	35	Thailand	THA
15	Jordan	JOR	36	Chinese Taipei	TPE
16	Kazakhstan	KAZ	37	Turkmenistan	TKM
17	Korea	KOR	38	U.A.E.	UAE
18	Kyrgyzstan	KGZ	39	Uzbekistan	UZB
19	Kuwait	KUW	40	Vietnam	VIE
20	Laos	LAO	41	Yemen	YEM
21	Lebanon	LIB			

As per UCI REGULATIONS 10.1.005, all national federations/associations affiliated to Asian Cycling Confederation can take part in the 37th Asian Cycling Championships, 24th Asian Junior Cycling Championships and the 6<sup>th</sup> Asian para-cycling championship 2017 extract from the UCI REGULATIONS (Chapter X. continental championships)

o 10.1.005 All National Federations/ Associations affiliated to their Continental Association and only these can take part in Continental Championships races. The maximum number of riders taking part in the various races will be the same for all these federations.

o 10.1.006 A rider against whom an investigation was opened in relation to affect which may cause a breach of the UCI Anti-Doping Rules, will not be eligible for the Continental Championships and is not authorized to participate in the Continental Championship as until the end of suspension or until his definitive acquittal. In the event of a positive "A"

sample, this clause applies starting from the notification of the abnormal analysis result to the rider. Unless otherwise decided by the anti-doping commission, the above paragraph is also applicable in the event of an investigation or a procedure regarding such fact, opened in pursuance of a law or other regulation. Specific cases are examined by the anti-doping commission or its president. Their decision is without appeal.

o In addition to the disqualification, the licensee and his or her national federation will be respectively sanctioned by a fine of CHF 2000 to CHF 10000. The present condition for participation, aims to protect the integrity, serenity and reputation of the championships. Its application does not prejudice the decision whether an anti-doping violation has occurred and shall not give right to any claim in the event of acquittal.

### **3. AGE OF COMPETITORS**

<b>Events</b>	<b>Year of Birth</b>
Men Elite	1994 and Older
Men Under 23	1995, 1996, 1997, 1998
Women Elite	1998 and Older
Men and Women Junior	1999 and 2000

#### **4. REGISTRATION PROCEDURE**

All National Federations shall return their Entry Form by Number by 10<sup>TH</sup>November 2016 and the entry form by Name before 25<sup>th</sup>November 2016 either by email or fax to Bahrain Cycling Association.

Bahrain Cycling Association

P.O. Box NO 33404

Kingdom Of Bahrain

Telephone: +973 17660956

Fax : +973 17650079

Email : [bh.cycling@hotmail.com](mailto:bh.cycling@hotmail.com) ,

[acc2017@bahraincycling.com](mailto:acc2017@bahraincycling.com)

#### **5. MEETING**

The team managers are reminded to bring with them the licenses of the team managers, riders passport for junior riders and their team uniform when confirming their starters. Rider's number and frame numbers will be issued to the team manager upon confirmation of starters. For each race, teams may notify modifications to the secretary of the colleague of commissaries in the commissaries room located at the Hani Royal Hotel (Official Hotel) on the day before each race at the latest. Unless due to force of majeure, a rider once announced as taking the start and who fails to present, shall be liable to a fine of CHF 500 to CHF 5000. Injuries or illness will not be accepted as a valid circumstance unless the rider is declared unfit to start by the official doctor

#### **6. TEAM REPRESENTATION**

Each National Federation shall designate a Team Manager for each team (i.e. Elite Men, Elite Women, Men under 23, Junior Men and Junior Women) with which it participates in the championships.

#### **7. EQUIPMENT**

Equipment used in the cycling competitions must comply with CHAPTER 3 of PART 1 of the UCI RULES and REGULATIONS. All participants shall ensure that his or her equipment (bicycle with accessories and other devices fitted, headgear, clothing and etc.) does not by virtue of its quality, material or design, constitute any danger to him or to others. All equipment shall be checked by the commissaries before each event.



## 8. TECHNICAL INFORMATION

### ROAD EVENTS

The venue for Road Events consists of the venue for Individual Time Trial and individual Road Race will be held in Bahrain International Circuit (BIC) from 23<sup>rd</sup> February –3<sup>rd</sup> March 2017. As the individual Road Race will be run at Bahrain International Circuit (BIC) with circuit loop of 12km/lap starting at 8.00 am.

#### ROAD EVENTS/ 23<sup>rd</sup> FEBRUARY –3<sup>rd</sup> MARCH 2017

	Men by Number						Women by Number					
	Enter			Ride			Enter			Ride		
	ME	MU	MJ	ME	MU	MJ	WE	MU	WJ	WE	WU	WJ
Road Race	6	6	6	4	4	4	6	6	6	4	4	4
Individual Time Trial	2	2	2	1	1	1	2	2	2	1	1	1

### PARA-CYCLING EVENTS

	MEN EVENT				WOMEN EVENT			
	C1-5	B	T1-2	H1-5	C1-5	B	T1-2	H1-5
ROAD T.T.	○	○	○	○	○	○	○	○

### MASTERS

	MEN EVENT								WOMEN EVENT							
	Enter				Ride				Enter				Ride			
	35-39	40-44	45-49	50+	35-39	40-44	45-49	50+	35-39	40-44	45-49	50+	35-39	40-44	45-49	50+
MASTERS	4	4	4	4	2	2	2	2	4	4	4	4	2	2	2	2

※SPORTS CLASS may be integrated by decision of ACC Para-cycling committee after consideration of number of participants

### GEAR RATIO

Article 2.2.023 for Junior Men and Junior Women, the maximum gear ratio authorized is that which gives DISTANCE cover per pedal revolution of 7.93 meters. Gear ratio of bicycles for juniors will be controlled before the races start and at random after races finish.

## 9. OFFICIAL CEREMONY

In accordance with the order set in the programmed published by the organizer, the Asian Champion, the second and the third placed riders shall be ready for the official ceremony that shall be conducted under the responsibility of the Chief Commissaire (PCP).

The following arrangement shall be applied to the official ceremonies. Within 10 minutes following the end of each race (unless otherwise provided and duly recorded in an official communique), the Asian Champions, the second and the third placed riders shall be ready for the official ceremony that shall be conducted under the responsibility of the

Chief Commissaire (PCP). Any infringement of the provisions of Article 9.1.044 to 9.1.050 above shall be fine of CHF 2,000 to CHF 10,000. A higher fine may be imposed depending on the advantage derived from the offence.

**NOTE:** Federations/Associations are required to bring 2 pieces of National Flag measured 1x2m (3 feet x 6 feet) and a National Anthem CD handover to the organizer upon their arrival.

## 10. ANTI-DOPING CONTROL

Anti-Doping Control during the Asian Cycling Championships will be conducted under the UCI Anti-Doping Regulations. UCI will appoint the Doping Control Officer (DCO) and NADA will appoint the Doping Control Doctor, nurses and chaperons. The Doping Control Station for Time Trial (Road Race) and Road Race will be at The Bahrain international circuit and as well as Hani Royal Hotel.

## 11. VEHICLES

Only one vehicle will be provided for each National Federation/Association for using during the road race only. The organizer will provide buses from the official hotel to races' venues in hourly basis (the bus schedule will be announced to all teams concerned upon their arrival).

## 12. Medical Team

The Bahrain cycling association will provide medical support to any team members during the Championship. There will be medical center in Hotel (Hani Royal Hotel) during championship and in case of emergency team members can use Health center in Salmaniya Medical Complex which is 10minutes far from Hotel.

### **13. TRANSPORTATION & ACCOMMODATION**

The organizer shall provide the transportation for the participating team from Airport to Hotel pick and drop and buses from hotel to race venues. The participating team shall be responsible for the expenses of the accommodation and meals for their team members \$80 US Dollar per day per person (room on triple sharing basis with three meals).

The expense for a single room is \$100 US Dollar per day per person.

### **14. GENERAL INFORMATION**

Climate: Temperature varies between 15-21Celsius 15 in the month February

Nearest International Airport: Bahrain International Airport

Power voltage: 230 Volt, Plug type = G

Visa Information: Please check the kingdom of Bahrain embassy in your country for visa details

#### **Official Hotels**

- **Hani Royal hotel**
- **Hani Suites & Spa**  
Al Seef , Manama , Bahrain

## 15. EVENT SCHEDULE

Date		Event	Time	KM	LAP	Venue
23-02-2017	ARRIVAL	Team arrival				
24-02-2017	MEETING	International Commissaire meeting	10:00-10.30			Hani Royal Hotel
		License control	10:30-11:30			
		National Commissaire meeting	11:30-13:00			
		Team managers meeting	15:30-16:00			
		MEDIA meeting	16:30-17.00			
25-02-2017	TIME TRIAL	MEN-ELITE TEAM TIME TRIAL	08:00	66	6	Bahrain International Circuit
		OPENING CEREMONY	10:00	--	--	
		AWARD CEREMONY	10:30	-	-	
		PARA-CYCLING-MB/WB	13:00	22	2	
		PARA-CYCLING-MC1-5	13:00	11	2	
		PARA-CYCLING-WC1-5		11	2	
		PARA-CYCLING WH1-5		11	2	
		PARA-CYCLING-M/W T1-2		11	2	
PARA-CYCLING-AWARD CEREMONY						
26-02-2017	TIME TRIAL	MEN-JUNIOR	08:00	22	2	Bahrain International Circuit
		AWARD CEREMONY	09:00	--	--	
		WOMEN-ELITE	09:30	22	2	
		AWARD CEREMONY	11:00	--	--	
		WOMEN- JUNIOR	11:30	11	1	
		AWARD CEREMONY	12:30	--	--	
		MASTERS M/W 35-39,40-44,45-49, OVER 50	15:00	33	--	
		AWARD CEREMONY	16:00	--	--	
27-02-2017	TIME TRIAL	WOMEN-U23	08:00	22	2	Bahrain International Circuit
		AWARD CEREMONY	09:00	--	--	
		MEN-U23	09:30	33	3	
		AWARD CEREMONY	11:00	--	--	

		<b>MEN-ELITE</b>	<b>15:30</b>	<b>44</b>	<b>4</b>	
		<b>AWARD CEREMONY</b>	<b>17:00</b>	<b>--</b>	<b>--</b>	
<b>28-02-2017</b>	<b>ROAD RACE</b>	<b>MEN-JUNIOR</b>	<b>08:00</b>	<b>110</b>	<b>10</b>	<b>Bahrain International Circuit</b>
		<b>AWARD CEREMONY</b>	<b>11:30</b>	<b>--</b>	<b>--</b>	
		<b>WOMEN-ELITE</b>	<b>13:00</b>	<b>100</b>	<b>9</b>	
		<b>AWARD CEREMONY</b>	<b>17:00</b>			
<b>01-03-2017</b>	<b>ROAD RACE</b>	<b>MEN-U23</b>	<b>08:00</b>	<b>122</b>	<b>11</b>	<b>Bahrain International Circuit</b>
		<b>UCI SHARING PLATFORM</b>	<b>9:00-17:00</b>	<b>--</b>	<b>--</b>	
		<b>AWARD CEREMONY</b>	<b>13:00</b>	<b>--</b>	<b>--</b>	
		<b>WOMEN- JUNIOR</b>	<b>14:00</b>	<b>66</b>	<b>6</b>	
		<b>AWARD CEREMONY</b>	<b>17:00</b>	<b>--</b>	<b>--</b>	
<b>02-03-2017</b>	<b>ROAD RACE</b>	<b>MEN-ELITE</b>	<b>08:00</b>	<b>154</b>	<b>14</b>	<b>Bahrain International Circuit</b>
		<b>AWARD CEREMONY</b>	<b>13:00</b>	<b>--</b>	<b>--</b>	
		<b>WOMEN-U23</b>	<b>14:00</b>	<b>77</b>	<b>7</b>	
		<b>ACC MC Meeting</b>	<b>14:30</b>	<b>--</b>	<b>--</b>	
		<b>CLOSING CEREMONY</b>	<b>16:00</b>	<b>--</b>	<b>--</b>	
		<b>AWARD CEREMONY</b>	<b>16:30</b>	<b>--</b>	<b>--</b>	
<b>03-03-2017</b>	<b>MEETING</b>	<b>ACC CONGRESS</b>	<b>09:00</b>	<b>--</b>	<b>--</b>	<b>Golden Tulip</b>

