



39th Asian Road Cycling Championships, 26th Asian Junior Road Cycling Championships & 8th Asian Para Road Cycling Championships

2019 ASIAN ROAD CYCLING CHAMPIONSHIPS

39th Asian Road Cycling Championships 26th Asian Junior Road Cycling Championships 8th Asian Para Road Cycling Championships

TASHKENT, UZBEKISTAN $23^{RD} - 28^{TH}$ APRIL 2019

TECHNICAL GUIDE

UPDATED 23.03.2019





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ABOUT UZBEKISTAN

The Republic of Uzbekistan is situated in the central part of Central Asia between two rivers: Amu Darya and Syr Darya. There are Turan Lowland in the northwest, and Tien-Shan and Pamir-Alay mountain ridges in the southeast of the territory. Kyzyl Kum Desert is in the North. Uzbekistan borders Turkmenistan, Kazakhstan, Tadjikistan, and Afghanistan in the South.

Uzbekistan is a country of warmth and light where you can enjoy the clear sunny sky over 300 days a year. The warmth of the sun in Uzbekistan is complemented with the warmth and hospitality of the local people, which gives you the great feeling of comfort and coziness.

Uzbekistan is the 56th largest country in the world by area with 447,400 square kilometers (172,700 square miles). The capital of Uzbekistan is Tashkent.

Almost two-thirds of the country's territory is desert and steppes; the rest part of it is mountains, valleys and oases. Uzbekistan consists of 12 provinces and an autonomous republic (The Autonomous Republic of Karakalpakstan, also spelled Qaraqalpaqstan).



Population: more than 32,5 million people.





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Uzbekistan is a country of world-famous historic cities and sites of ancient settlements with their most impressive architectural monuments. During its long and rich history, the predecessors of today's Uzbekistan experienced a lot of everything. They were involved in the growth and decline of the world's most powerful empires – of Alexander the Great, Genghis Khan and Tamerlane; they suffered from a lot of wars and massacres – and enjoyed outstanding blossoms of art and science. They were crossroads of civilizations' interaction for centuries where various cultures met and exchanged their values; thousands of caravans crossed these lands along the Great Silk Road connecting the Middle East, Mediterranean and Europe with India and China.



Bukhara

Registan Square, Samarkand



Khiva, Ichan Kala





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ABOUT TASHKENT (Championships venue)

Tashkent is the capital of Uzbekistan. It is the largest city in Central Asia. Centrally located, being easily accessible from all parts of the country via air, road and rail routes. Islam Karimov Tashkent International Airport is approximately 6 miles from city center. There are flights via Tashkent to tourist destinations such as Samarkand, Bukhara, Khiva and others.

Place of interest



Amir Timur Museum

Khazrati Imam (Khast-Imam)

Minor Mosque

About Gazalkent



Gazalkent is a town in <u>Tashkent Region</u>, <u>Uzbekistan</u>. It is the administrative center of <u>Bostanliq District</u>, it is 57 km from Tashkent

About Chimgau



Chimgan is a <u>ski resort</u> located in a mountain range named <u>Tian Shan</u>, 80 km from Tashkent





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TASHKENT-GAZALKENT-CHIMGAN ROADS



ACCOMMODATION (Recreation Area "Chorvoq Oromgohi")

The "Chorvoq Oromgohi", also named as "Pyramidas" is located on the territory of Chimgano-Charvak resort recreation zone on the shore of the Charvak reservoir.

Phone: +99890 1766250, 71 2322282 Website: <u>www.chorvoq.uz</u>



The participating team shall be responsible for the expenses of the accommodation and meals for their team members at US\$ 80 per day per person on twin sharing basis with three meals. Rate for single occupancy is US\$ 100 per day per person, including three meals. We would like to point out that all teams pay by cash on site.





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ACC MANAGEMENT COMMITTEE

| President | Mr. Osama Ahmed Al Shafar (UAE) |
|-------------------|-------------------------------------|
| Vice-President | Mr. Shiekh Khalid Bin Hamad (BRN) |
| Vice-President | Mr. Cai Jiadong (CHN) |
| Vice-President | Mr. Tatsuo Hayashi (JPN) |
| Vice-President | Mr. Raja Sapta Oktohari (INA) |
| Secretary General | Mr. Onkar Singh (IND) |
| Treasurer | Mr. Dato Amarjit Singh Gill (MAS) |
| Member | Mr. Dae Hoon Lee (KOR) |
| Member | Mr. Khosro Ghamari (IRN) |
| Member | Mr. Jamal Mesleh M Al-Fawaeir (JOR) |
| Member | Mr. Vatche Zadourian (LIB) |
| Co-opted | Gen. Decha Hemkasri (THA) |
| Co-opted | Mr. Parminder Singh Dhindsa (IND) |
| Co-opted | Mr. Batalov Raimbek (KAZ) |

ORGANIZING COMMITTEE

| Ms. Tanzila Narbaeva (UZB) |
|--------------------------------------|
| Mr. Kozimkhuja Urinboykhujayev (UZB) |
| Mr. Orkhan Kapadze (UZB) |
| Mr. Roland Hofer (SUI) |
| Mr. André Neumann (GER) |
| Mr. Davron Makhsudov (UZB) |
| |

COMPETITIONS

| UCI Technical Delegate | Mr. Farhad Aliyev (AZE) |
|------------------------|--------------------------|
| ACC Technical Delegate | Mr. Tatsuo Hayashi (JPN) |

COMMISSAIRES' PANEL

| President | Mr. Greg Griffiths (AUS) |
|-----------|--------------------------------|
| Member | Mr. Majid NasseriKhorram (IRI) |
| Member | Mr. Nuthapong Lohitnavi (THA) |
| Member | Mr. Ibrahim Omar (MAS) |
| Member | Mr. Jamal Mohamud (MAS) |
| Member | Mr. Andy Leong (MAC) |

Uzbekistan Cycling Federation





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ADDITIONAL NATIONAL COMMISSAIRES APPOINTED BY THE UZBEKISTAN CYCLING FEDERATION

Mr. Faruh Radjabov (UZB) ... Motorbike

- Mr. Vladislav Federov (UZB) ... Motorbike
- Mr. Vladislav Iskanderov (UZB)
- Mr. Ruslan Huseinov (UZB)
- Mr. Ruslan Karimov (UZB)
- Mr. Sarvar Umarov (UZB)

COMMISSAIRES' PANEL PARA CYCLING COMPETITIONS

President

Mr. Greg Griffiths (AUS)

ANTI-DOPING - CADF

Doping Control Officer

Mr. Georgi Popov (BUL)

SPORTS SUPPORT CONDUCTED BY INFLAME SPORTS (GER)

| Operations Advisor | Mr. Nils Kurtze (GER) |
|-----------------------|-----------------------|
| Neutral Tech. Support | Trueba Sports (ESP) |
| Timekeeping | VotreCourse (FRA) |
| Radio-Tour Speaker | Mr. Rob Finegan (GBR) |

MEDICAL SERVICE

Race Doctor

Dr. Rustem Ablyalimov (UZB)

COMMUNICATIONS

| Communications Coordinator | Ms. Aziza Karmalova (UZB) |
|-----------------------------|------------------------------------|
| Announcer at Start & Finish | Mr. Nodirkhon Mukhammadhonov (UZB) |

ACCOMMODATION

Head of Accommodation Venue Mr. Khurshid Atakulov (UZB)





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COMPETITION VENUES

| Start Venue Coordinator | Mr. Ismail Karimov (UZB) |
|--------------------------|-----------------------------|
| Finish Venue Coordinator | Ms. Ludmila Markelova (UZB) |

GENERAL SERVICE

| Financial Coordinator | Mr. Jamshid Mamajanov (UZB) |
|----------------------------------|-------------------------------|
| Logistic Coordinator | Mr. Askar Togaybekov (UZB) |
| Race Office Coordinator | Ms. Maja Zakirova (UZB) |
| Accreditation Center Coordinator | Mr. Nazim Atakulov (UZB) |
| Airport Coordinator (inside) | Mr. Komil Khomatov (UZB) |
| Airport Coordinator (outside) | Mr. Kamoliddin Ergashev (UZB) |
| Television Coordinator | Mr. Ravshan Juraev (UZB) |

CONTACTS

| Safety & Security | | dial 102 |
|-------------------------------|--------------|--|
| General Medical Assistan | ce | dial 103 |
| Uzbekistan Cycling Federation | | 47 Bunyodkor str. 100035 Tashkent Uzbekistan |
| | Tel: Fax: | (+998 71) 228 40 98 (+998 71) 228 40 97 |





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TRAVEL & VISAS

Travel expenses to Tashkent, must be covered by the National Federations. Air travel destination to championships venue is the Islam Karimov Tashkent International Airport. UCF will provide all ground transportation for the participating teams including airport pick up/drop-off and transportation between the official hotel and the race venue.

UCF will assist with visa applications and on arrival visas for all participating teams and officials. All participants must hold a valid passport and all visa requirements must be respected. Requests for visa assistance must be received **entry by number by 22th of February 2019 and entry by name by 20th March of 2019**. We regret to accommodate late or last minute requests. For visa application, passport copy of the applicant is compulsory.

CAR RENTAL

Car rental will be covered by UCF. One vehicle with bike rack per Nation will be provided by the organization. Each National Federations should make a deposit: US\$ 600.

SOME USEFUL TRAVEL CONTACTS

Uzbekistan Airways: <u>www.uzairways.com</u>

MEDICAL ASSISTANCE

Medical assistance team is available at Central **District Hospital of Gazalkent**, during working hours and at the race venue throughout the championships.

Tashkent 1st City Clinical Hospital (Address: 40 Mannon Uyg'ur ko'chasi, Tashkent) Hotline +71-249-37-67) is located 10 mins drive from race venue.





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ACCREDITATIONS

Accreditations can be collected at the accreditation center (Official Hotel - Chorvoq Oromgohi - Block C) on Monday at the opening houres. Please ensure collection of your accreditation card as it is required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

PERMANENCE (RACE OFFICE) OPENING SCHEDULE

Monday, 22nd April 2019 10:00 – 18:00 Chorvoq Oromgohi (Block C)

From 23rd to 26th April 2019, the Permanence (Race Office) will be open at the start and finish area in Gazalkent opening 1 hour before the start of first competition and closing 30 mins after the last race of the day.

From 27th to 28th April 2019, the Permanence (Race Office) will be open at the finish area in Chorvoq (Saturday) and Beldersay (Sunday) opening 1 hour after the start and 30 minutes after the race of the day.

MEDIA ACCREDITATION & OTHER INFORMATION

To apply for media accreditation, please send email to <u>uzbcycling@mail.ru</u>. Media accreditation and Photographer's Bib's can be collected at the Accreditation Centre.

OUT OF COMPETITION PROGRAMME

| Date | Event | Time | Venue |
|------------|--------------------------------------|-------------------------------------|------------------------------|
| 25/04/2019 | Anti-Doping Seminar | will be published on the website | International Hotel Tashkent |
| 26/04/2019 | ACC Congress | 09:00 - 14:00 | International Hotel Tashkent |
| 26/04/2019 | Official Dinner for the ACC Congress | 19:00 | International Hotel Tashkent |





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OFFICIAL MEETINGS & OPENING CEREMONY MONDAY, 22ND APRIL 2019

| 08:00 - 20:00 | Information Desk open | Lobby (Block A) |
|---------------|--|--------------------------------|
| 12:00 – 19:00 | Race Office (Permanence) open | Accreditation Centre (Block C) |
| 13:00 – 13:30 | Commissaires' Meeting | Conference Hall |
| 14:00 – 18:00 | Press Accreditation | Accreditation Centre (Block C) |
| 14:00 – 16:30 | License Check: Confirmation of starters, Distribution of body numbers and transponders - UCI ID check - Riders confirmation - Check national teams clothing Team managers must confirm all starters, presenting all licenses (with passport for the juniors' category) and providing a sample of teams' apparel time trial and road race. Riders' numbers will be distributed during that procedure. | Accreditation Centre (Block C) |
| 17:00 – 18:00 | Team Managers Meeting Representatives per team is requested to attend that meeting. Attendance is required for: - Representative of the OC - Representative of the ACC Management Board - ACC Technical Delegate - UCI and National Commissaires - Managers of the National Teams - Doping Control Officer | Conference Hall |

TUESDAY, 23RD APRIL 2019

| 18:00 – 19:00 | Opening Ceremony | Chorvoq Oromgohi |
|---------------|-------------------------|------------------|
|---------------|-------------------------|------------------|





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CHAMPIONSHIPS COMPETITION SCHEDULE FROM 23RD TO 28TH APRIL 2019

| Date | Туре | Event | Time | KM | Lap | Venue |
|------------|------------|--|-----------|-----------|-----|-----------|
| | TTT | Women Elite | 09:00 | 30 | | Gazalkent |
| | TTT | Award Ceremony | following | | | |
| | TTT | Men Elite | 10:30 | 40 | | Gazalkent |
| | TTT | Award Ceremony | following | | | - |
| | | Para Men (MB) | 13:00 | 40 | | Gazalkent |
| 23/04/2019 | | Para Men & Women (WB, MC1-5, WC4-5, MH3-5, 14:15 20 WH4-5) | | Gazalkent | | |
| | ITT | Para Men & Women (WC1-3, MH1-2, WH1-3, M/WT1-2) | 15:25 | 12 | | Gazalkent |
| | | Award Ceremony | following | | | |
| | ITT | Women Junior | 10:30 | 20 | | Gazalkent |
| | | Award Ceremony | following | | | |
| 24/04/2019 | ITT | Men Junior | 13:00 | 30 | | Gazalkent |
| 24/04/2019 | | Award Ceremony | following | | | |
| | ITT | Men Under 23 | 15:30 | 40 | | Gazalkent |
| | 111 | Award Ceremony | following | | | |
| | | Men Masters (65+) | 09:00 | 20 | | Gazalkent |
| | ITT | Men Masters (35-39, 40-44, 45-49, 50-64) | 10:00 | 30 | | Gazalkent |
| | | Award Ceremony | following | | | |
| 25/04/2019 | ITT | Women Elite & Under 23 | 13:00 | 30 | | Gazalkent |
| | | Award Ceremony | following | | | |
| | ITT | Men Elite | 15:00 | 40 | | Gazalkent |
| | 111 | Award Ceremony | following | | | |





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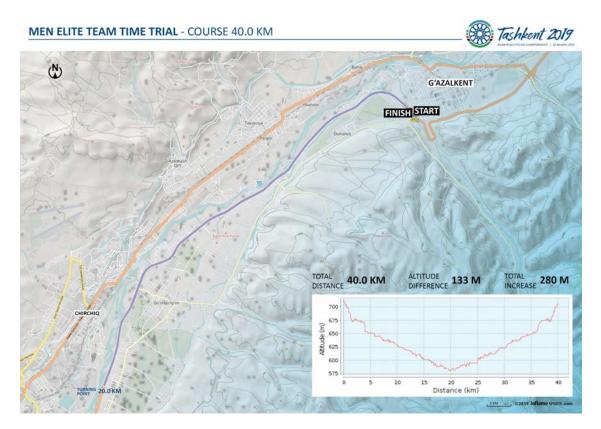
| Date | Туре | Event | Time | KM | Lap | Venue |
|------------|------|------------------------|-----------|-------|-----|--------------------------|
| | IRR | Women Junior | 08:00 | 62,8 | 3 | Gazalkent |
| | | Award Ceremony | following | | | |
| 26/04/2019 | IRR | Men Junior | 11:00 | 105,6 | 5 | Gazalkent |
| 20/04/2019 | IRR | Award Ceremony | following | | | |
| | IRR | Men Under 23 | 15:00 | 148,4 | 7 | Gazalkent |
| | | Award Ceremony | following | | | |
| | IRR | Women Elite & Under 23 | 11:00 | 112,8 | - | Tashkent Start Area |
| 27/04/2019 | | Award Ceremony | following | | | Chorvoq Finish Area |
| 28/042019 | IRR | Men Elite | 10:00 | 166,6 | - | Tashkent Start Area |
| | | Award Ceremony | following | | | Beldersoy Finish Area |

COMPETITIONS START AND FINISH AREAS – COURSES

Event routes and maps for Time Trial and Individual Road Races are available and can be download at <u>www.2019accroadchamp.uz</u> .





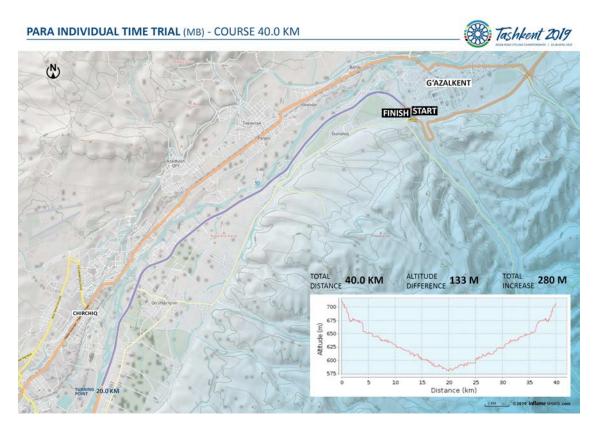






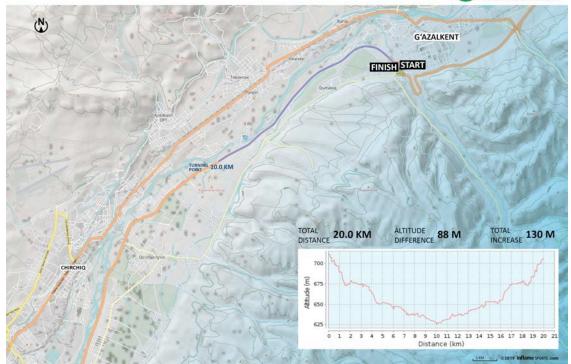


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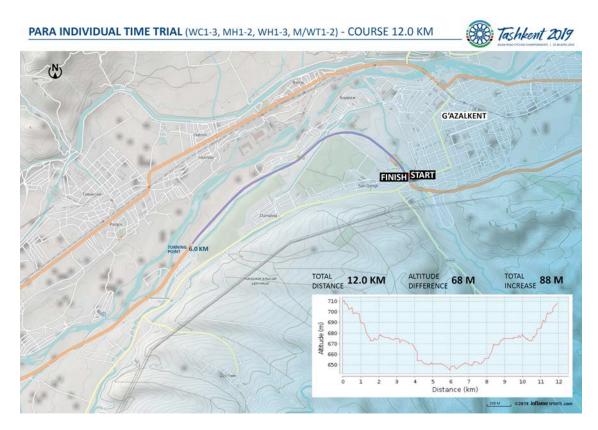
PARA INDIVIDUAL TIME TRIAL (WB, MC1-5, WC4-5, MH3-5, WH4-5) - COURSE 20.0 KM

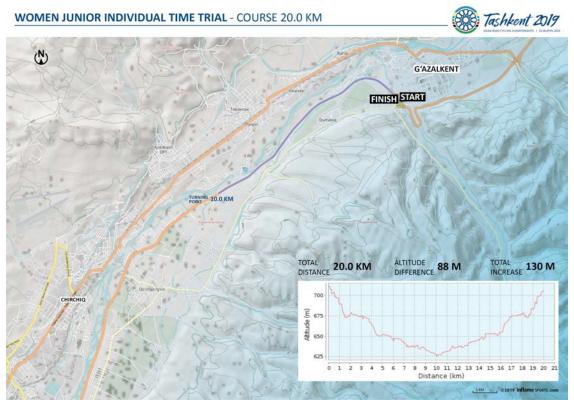
Tashkent 2019







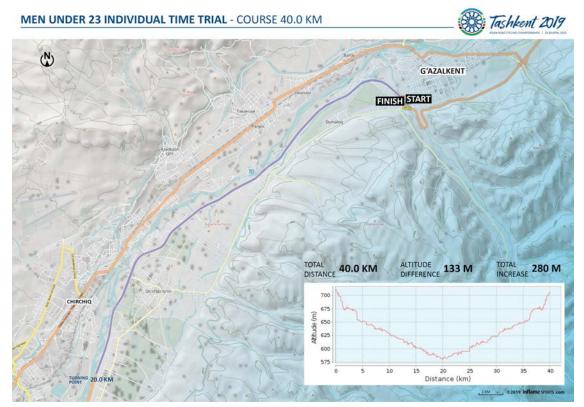








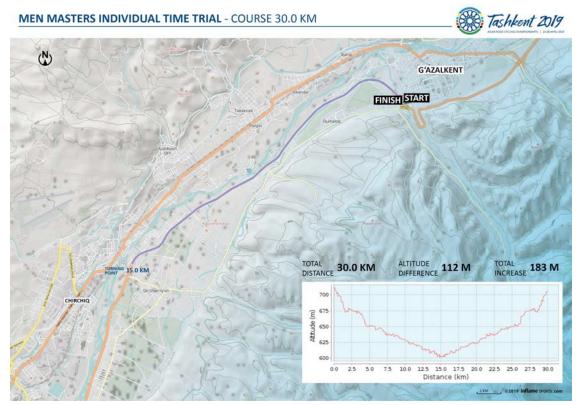










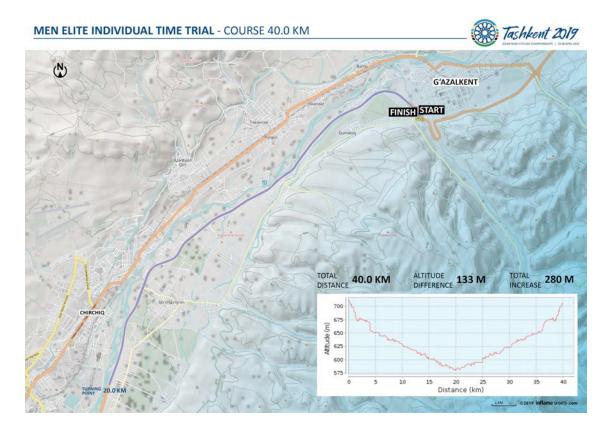






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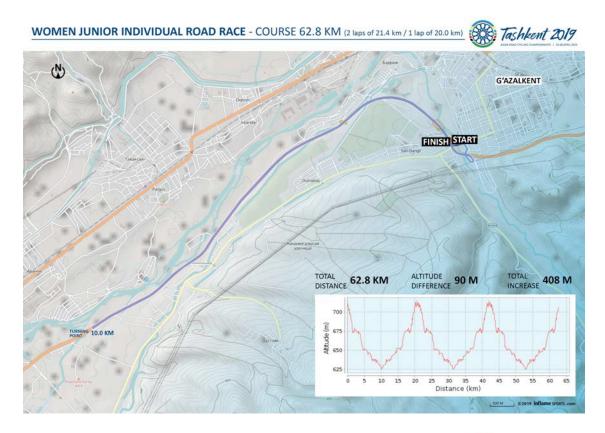
WOMEN ELITE & UNDER 23 INDIVIDUAL TIME TRIAL - COURSE 30.0 KM Tashkent 2019 3 **G'AZALKENT** FINISH START ALTITUDE DIFFERENCE 112 M TOTAL DISTANCE 30.0 KM TOTAL INCREASE 183 M 15.0 KM 700 675 Ê Altitude (625 10.0 12.5 15.0 17.5 Distance (km) 0.0 2.5 5.0 7.5 20.0 22.5 25.0 27.5 30.0





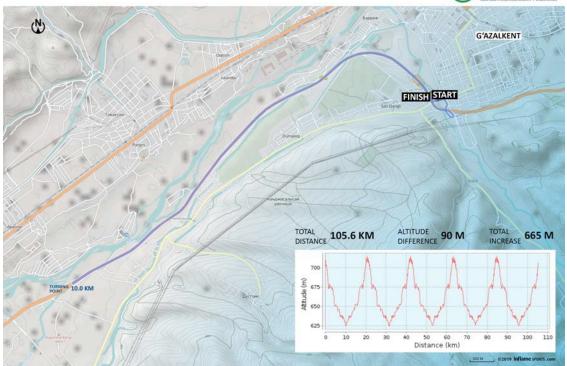


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MEN JUNIOR INDIVIDUAL ROAD RACE - COURSE 105.6 KM (4 laps of 21.4 km / 1 lap of 20.0 km)

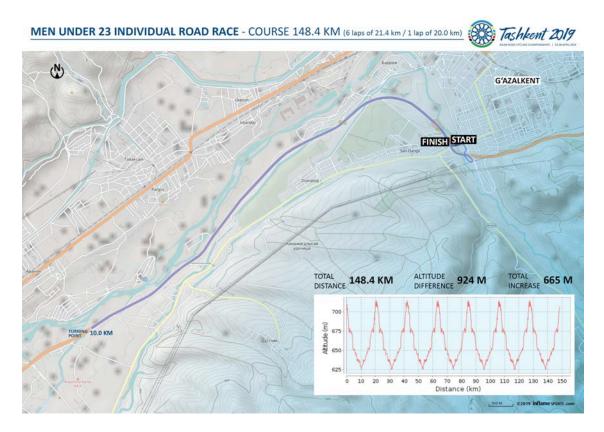
Tashkent 2019





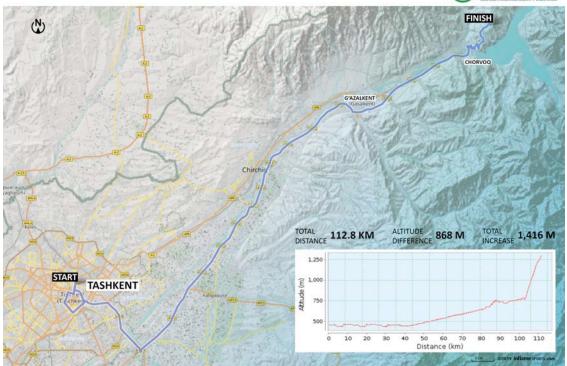


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WOMEN ELITE & UNDER 23 INDIVIDUAL ROAD RACE - COURSE 112.8 KM















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RACE SPECIFIC REGULATIONS

- Art. 1 GENERAL RULES
- 1.1. The 2019 Asian Road Cycling Championships are organized by the Asian Cycling Confederation (ACC) in cooperation with the Uzbekistan Cycling Federation (UCF).
- 1.2. The event will be organized in accordance with the rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.
- 1.3. The Asian Road Cycling Championships, consisting of time trials and road races, are scheduled from 23rd to 28th April 2019. These Championships may be contested by riders entered by their National Federation as National Team.

Art. 2 TYPE OF THE EVENT

- 2.1. The event is open to athletes of Women Junior, Men Junior, Women U23, Men U23, Women Elite and Men Elite. It is entered on the UCI calendar as Continental Championships event (UCI CC).
- 2.2. In accordance with the articles 2.10.008 and 2.10.017 the UCI ranking points will be awarded as follows:

| | POINTS SCALA | | | | | | | | | |
|----------|--------------------|---------------------|-----------------------|------------------------|--|--|--|--|--|--|
| Position | Elite Road Race | Elite Time Trial | Under 23 Road Race | Under 23 Time Trial | | | | | | |
| 1 | 250 | 70 | 125 | 50 | | | | | | |
| 2 | 200 | 55 | 85 | 30 | | | | | | |
| 3 | 150 | 40 | 70 | 20 | | | | | | |
| 4 | 125 | 30 | 60 | 15 | | | | | | |
| 5 | 100 | 25 | 50 | 10 | | | | | | |
| 6 | 90 | 20 | 40 | 5 | | | | | | |





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| | POINTS SCALA | | | | | | | | | |
|----------|--------------------|---------------------|-----------------------|------------------------|--|--|--|--|--|--|
| Position | Elite Road Race | Elite Time Trial | Under 23 Road Race | Under 23 Time Trial | | | | | | |
| 7 | 80 | 15 | 35 | 3 | | | | | | |
| 8 | 70 | 10 | 30 | 3 | | | | | | |
| 9 | 60 | 5 | 20 | 1 | | | | | | |
| 10 | 50 | 3 | 15 | 1 | | | | | | |
| 11 | 40 | | 10 | | | | | | | |
| 12 | 35 | | 5 | | | | | | | |
| 13 | 30 | | 5 | | | | | | | |
| 14 | 25 | | 5 | | | | | | | |
| 15 | 20 | | 3 | | | | | | | |
| 16 | 15 | | 3 | | | | | | | |
| 17 | 10 | | 3 | | | | | | | |
| 18 | 5 | | 3 | | | | | | | |
| 19 | 5 | | 3 | | | | | | | |
| 20 | 5 | | 3 | | | | | | | |
| 21 to 30 | 5 | | | | | | | | | |
| 31 to 35 | 3 | | | | | | | | | |
| 36 to 40 | 1 | | | | | | | | | |

Art. 3 PARTICIPATION

3.1. All National Federations, affiliated to the Asian Cycling Confederation can take part in the Asian Road Cycling Championships. The maximum number of riders taking part in the various races will be the same for all these Federations.





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The list of the countries is given below:

| 1 | Afghanistan | AFG |
|----|-------------------|-----|
| 2 | Bahrain | BRN |
| 3 | Bangladesh | BAN |
| 4 | Brunei Darussalam | BRU |
| 5 | Cambodia | CAM |
| 6 | China | CHN |
| 7 | DPR Korea | PRK |
| 8 | Timor Leste | TLS |
| 9 | Hong Kong | HKG |
| 10 | India | IND |
| 11 | Indonesia | INA |
| 12 | Iran | IRI |
| 13 | Iraq | IRQ |
| 14 | Japan | JPN |
| 15 | Jordan | JOR |
| 16 | Kazakhstan | KAZ |
| 17 | Korea | KOR |
| 18 | Kyrgyzstan | KGZ |
| 19 | Kuwait | KUW |
| 20 | Laos | LAO |
| 21 | Lebanon | LIB |
| | | |

| 22 | Масао | MCO |
|----|----------------|-----|
| 23 | Malaysia | MAS |
| 24 | Myanmar | MYA |
| 25 | Mongolia | MGL |
| 26 | Nepal | NEP |
| 27 | Oman | OMA |
| 28 | Pakistan | PAK |
| 29 | Philippines | PHI |
| 30 | Qatar | QTR |
| 31 | Saudi Arabia | KSA |
| 32 | Singapore | SIN |
| 33 | Sri Lanka | SRI |
| 34 | Syria | SYR |
| 35 | Tajikistan | TJK |
| 36 | Thailand | THA |
| 37 | Chinese Taipei | TPE |
| 38 | Turkmenistan | TKM |
| 39 | U.A.E. | UAE |
| 40 | Uzbekistan | UZB |
| 41 | Vietnam | VIE |
| 42 | Yemen | YEM |

3.2. Age of Competitors

| Event | Year of birth |
|--------------------|------------------------|
| Men & Women Elite | 1996 and older |
| Men & Women U23 | 1997, 1998, 1999, 2000 |
| Men & Women Junior | 2001 and 2002 |





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3.3. Registration Procedure

All participating National Federations shall register by entry forms. These can be accessed online at <u>www.2019accroadchamp.uz</u> or will be sent by the Uzbekistan Cycling Federation with the invitation to participate.

National Federations are required to submint their registrations by Number by 28th of February 2019 and Entry by Name by 20th of March 2019 to Uzbekistan Cycling Federation.

| Contact: Website: | | www.2019accroadchamp.uz | | |
|-------------------|------------|---|--|--|
| | eMail: | 2019accroadchamp@gmail.com | | |
| | Telephone: | (+998 71) 231 27 06 & (+998 71) 231 27 05 | | |

| | | Men by Number | | | | Women by Number | | | | | | |
|-----------------------|----|---------------|----|----|------|-----------------|-------|----|----|------|----|----|
| | | Enter | | | Ride | | Enter | | | Ride | | |
| | ME | MU | MJ | ME | MU | MJ | WE | WU | WJ | WE | WU | WJ |
| Team Time Trial | 8 | - | - | 6 | - | - | 8 | - | - | 6 | - | - |
| Individual Time Trial | 2 | 2 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 1 | 1 | 1 |
| Individual Road Race | 6 | 6 | 6 | 4 | 4 | 4 | 6 | 6 | 6 | 4 | 4 | 4 |

| | Men Para by Number | | | | Women Para by Number | | | |
|-----------------------|--------------------|----|-------|-------|----------------------|----|-------|-------|
| | C1-5* | B* | T1-2* | H1-5* | C1-5* | B* | T1-2* | H1-5* |
| Individual Time Trial | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

* Sport class may be integrated by decision of ACC Para-Cycling committee after consideration of number of participants.

| | | Men Masters by Number | | | | | | | | |
|-----------------------|-------|-----------------------|-------|-------|-----|--|--|--|--|--|
| | 35-39 | 40-44 | 45-49 | 50-64 | 65+ | | | | | |
| Individual Time Trial | 0 | 0 | 0 | 0 | 0 | | | | | |





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Art. 4 RACE OFFICE (PERMANENCE)

Monday, 22nd April 2019 12:00 – 19:00

Hotel Chorvoq Oromgohi (Block C)

From 23rd to 26th April 2019, the Permanence (Race Office) will be open at the start and finish area in Gazalkent opening 1 hour before the start of first competition and closing 30 mins after the last race of the day.

From 27th to 28th April 2019, the Permanence (Race Office) will be open at the finish area in Chorvoq (Saturday) and Beldersay (Sunday) opening 1 hour after the start and 30 minutes after the race of the day.

Art. 5 LICENSES CONTROL / NUMBERS & TRANSPONDER DISTRIBUTION

Monday, 22nd April 2019

14:00 – 16:30 Hotel Chorvoq Oromgohi (Block C)

Art. 6 TEAM MANAGERS MEETING

Monday, 22nd April 2019 17:00 – 18:00 Hotel Chorvog Oromgohi (Conference Hall)

Art. 7 STARTING ORDER IN TTT / ITT – START PROCEDURE FOR IRR

- 7.1. The starting order for the Team Time Trial and the Individual Time Trials will be composed by the commissaires and will be communicated after the team manager's meeting. In the Individual Time Trials the start interval will be one minute.
- 7.2. For road races, before each race, complete National Teams must be present on the presentation podium for the signing of the start sheet. The podium will open 60 minutes before the start and will close 10 minutes before the start. Riders who fail to sign will not take the start.





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Art. 8 BICYCLES AND EQUIPMENT CONTROL

- 8.1. For the time trial races each bicycle will be checked by the UCI commissaires. Each rider must present his/her bike for that check and verification at least 15 minutes prior to the personal start time.
- 8.2. For Women Junior and Men Junior categories Individual Time Trials, the gear ratios will be checked at the entrance of the starting zone.

For the road races that check will be finalized 15 minutes before the starting time at the latest.

- 8.3. After those controls, the riders will not be allowed to take their bikes out of the control zone.
- 8.4. During time trials races, changing of equipment is allowed from the team car. During road races it is allowed from team cars and from neutral vehicles.

Art. 9 RADIO-TOUR

- 9.1. Radio-Tour Frequency: ... Will be announced at the team managers' meeting!
- 9.2. Race information will be broadcasted throughout each race via radio system.
- 9.3. Handout of radio transmitters to the team managers will take place during the license check.
 Each team manager must sign the delivery sheet at receiving and returning of the transmitters. Transmitters must be returned immediately after the last race.

Art. 10 TEAM CARS

- 10.1. Team cars are allowed to the race convoy during all competitions. One vehicle with bike rack per Nation will be provided by the organization. Each National Cycling Federation should make a deposit of US\$ 600.
- 10.2. In accordance with article 2.2.032 of the UCI regulations, the maximum height of the vehicles is 1.66 m. This rule does not apply for the time trials.





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10.3. The order of cars in the race convoy will be determined by the commissaires' panel in accordance with the number of riders at the start.

Art. 11 NEUTRAL TECHNICAL SUPPORT

The neutral technical support will be provided by 3 cars.

Art. 12 FEEDING

- 12.1. No feeding is allowed during time trial races.
- 12.2. Feeding at the boxes is allowed according to the instruction of the commissaires' panel.
- 12.3. Feeding by team cars is allowed starting at 30 km of the road race until 20 km to the finish.

Art. 13 TIME OF ARRIVAL

- 13.1. There is no time limit for time trial races. Time limit for road races is 10%.
- 13.2. The time can be increased in case of exceptional circumstances by the commissaires' panel, in agreement with the organizer.

Art. 14 AWARDS CEREMONIES

- 14.1. In accordance with article 1.1.112 of the UCI regulations, the best 3 riders (teams in team time trial) of each category must attend the official awards ceremony.
- 14.2. For the individual time trials a «hot-seat» zone for the best 3 times will be prepared near the finish line.
- 14.3. Every competition of the Asian Road cycling Championships will be awarded with:

the 1st place:Champions jersey and Gold medalthe 2nd place:Silver medalthe 3nd place:Bronze medal









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Art. 15 ANTI-DOPING

Anti-doping controls according to the regulations of the UCI take place near the finish line and will be carried out by the CADF.

Art. 16 PENALTIES

Penalties will be applied in accordance with the UCI regulations.

Art. 17 RESPONSIBILITIES

- 17.1. The organizers and ACC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.
- 17.2. The organizers and ACC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply.

SAFE DRIVING

Safety for all of the riders, race support personnel and spectators during the race is the number one priority when operating a motor vehicle in the race convoy. Here is a summary of the main driving guidelines and regulations to follow and respect during the 2019 Asian Road Cycling Championships in Tashkent.

MANDATORY FOR ALL DRIVERS

- Have a valid UCI license for the 2019 season (including third-party liability insurance)
- Obligation to respect UCI regulations and Guidelines for vehicle circulation in the race convoy





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• Each driver must focus on one thing: driving the vehicle in a responsible manner! It is recommended that the **Sport Director or the National Team Coach in charge consider being the passenger and an experience driver focus on driving the vehicle exclusively.**

For additional information please consult the UCI regulations and the Guidelines for vehicle circulation in the race convoy on the UCI website <u>www.uci.org</u>