

The 16th Asian Mountain Bike Championships &
2nd Asian Junior Mountain Bike Championships

Technical Guide

September 10th, 2010

Presenting Organizer : Asian Cycling Confederation

Organizer : 2010 Asian MTB/BMX Championships Organizing Committee(AMBCOC),
Chungcheongbuk-do Jecheon-si, Korea Cycling Federation

Table of Contents

| | |
|-------------------------------|---|
| I. Outline..... | 3 |
| II. General Information..... | 4 |
| III. Event Schedule..... | 5 |
| IV. Maps..... | 6 |
| V. Specific Regulations | 8 |

I. Outline

(1) Event Title

The 16th Asian Mountain Bike Championships & 2nd Asian Junior Mountain Bike Championships

(2) Date

26th ~ 29th, September 2010

(3) Purpose

To develop Asian Mountain Bike riders

To revitalize cycling and expand the cycling population in Korea as a whole

(4) Organizer

Asian Cycling Confederation

(5) Superintendant

2010 Asian MTB/BMX Championships Organizing Committee, Korea Cycling Federation,
Jecheon City

(6) Cooperators

Ministry of Culture and Tourism, KSPO, Korea Sports Council

II. General Information

(1) Official Hotel

Cheongpung Resort Lake Hotel

#4, Gyo-ri, Cheongpung-myun, Jecheon-si, Chungcheongbuk-do, South Korea

Tel. +82-43-640-7000 Fax. +82-43-640-7081

(2) Hospital

Chungbuk Jecheon Hyundai Hospital

39-1 Cheongjeon-dong, Jecheon City, Chungcheongbuk-do

+82-43-644-7575

(3) International Commissaires

President of the Commissaires Panel : Jinshan Zhao

Anti-Doping Inspector : Qiu Jijin

International Commissaire : Bysack Pinaki,

Walter Yue,

Oscar Durano Rodriguez Jr.,

Iwan M. Mager,

Beatrice Lajawa

(4) Contact

Ms. KOH, E.J. / Int'l Affairs Co-ordinator

Korea Cycling Federation

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III. Event Schedule

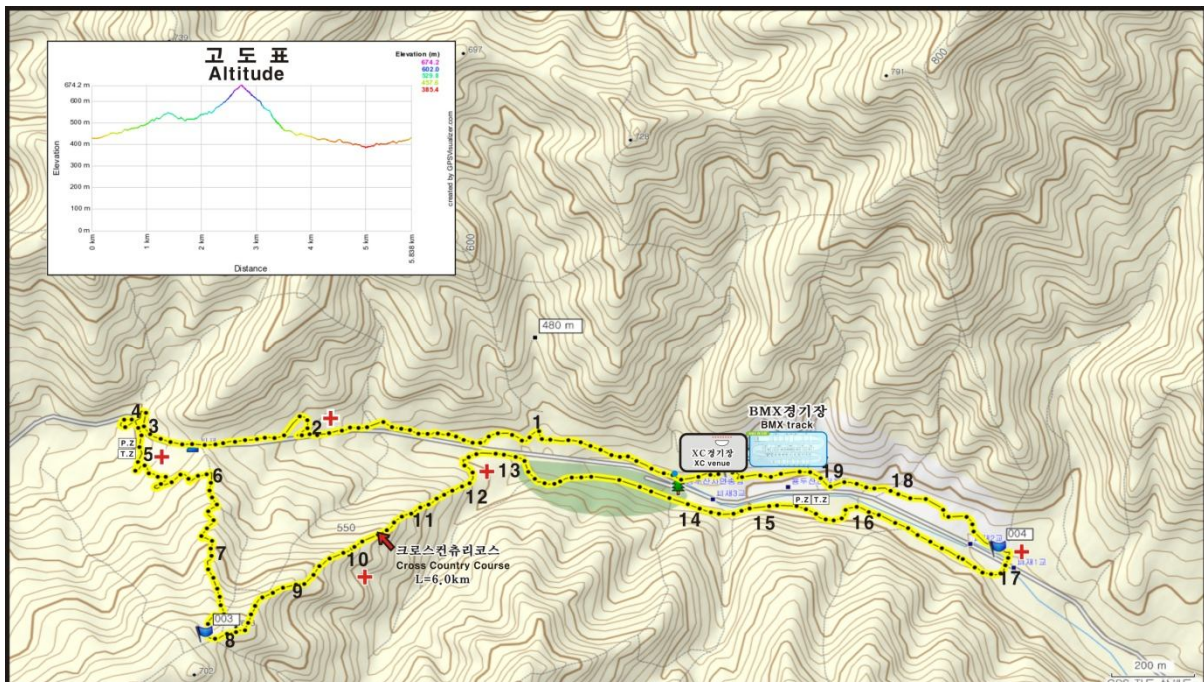
| DATE | TIME | SCHEDULE | LOCATION |
|--------------|--------------------|--|--------------|
| 09-24 (Fri) | All | Team Arrival | |
| 09-25(Sat) | All | Team Arrival | |
| 09-26(Sun) | 07:00-08:30 | Breakfast | Hotel |
| | 08:30-09:00 | Transport(Hotel → Venue) | |
| | 09:30-12:00 | Course Inspection by Riders XC/DH Walking View | Venue |
| | 12:00-13:30 | Lunch | Venue |
| | 14:00-14:30 | Transport(Venue→Hotel) TEAM MANAGERS | |
| | 14:00-17:00 | Course Inspection by Riders XC/DH Training | Venue |
| | 15:00-16:00 | License Control and Jersey Check (Distribution of race numbers) | Hotel |
| | 16:00-17:00 | Team Managers Meeting | Hotel |
| | 18:00-20:00 | Opening Ceremony & Welcome Reception | hotel |
| 09-27(Mon) | 07:00-08:30 | Breakfast | Hotel |
| | 08:30-09:00 | Transport(Hotel→Venue) | |
| | 09:30-11:30 | Official Downhill(DH) Training | Venue |
| | 09:30-14:00 | Official Cross-country(XC) Training | |
| | 11:30-13:00 | Lunch | Venue |
| | 14:00-15:00 | Women's Downhill(DH) Seed Race | |
| | 15:00-16:00 | Men's Downhill(DH) Seed Race | |
| | 17:00-17:30 | Transport(Venue→Hotel) | |
| 09-28(Tues) | 07:00-08:30 | Breakfast | Hotel |
| | 08:30-09:00 | Transport(Hotel→Venue) | |
| | 09:30-11:30 | Official Downhill Training | Venue |
| | 09:30-13:30 | Official Cross-country(XC) Training | |
| | 11:30-13:00 | Lunch | Venue |
| | 14:00-15:00 | Women's Downhill(DH) - Final | |
| | 15:00-16:00 | Men's Downhill(DH) - Final | |
| | 16:30-17:00 | Award Ceremony (Women & Man) | |
| | 17:00-17:30 | Transport(Venue → Hotel) | |
| 09-29(Wed) | 06:00-07:30 | Breakfast | Hotel |
| | 07:30-08:00 | Transport(Hotel →Venue) | |
| | 09:00-11:00 | Cross-country(XC) - Men Junior | Venue |
| | 09:01-11:00 | Cross-country(XC) - Women Junior | |
| | 09:30-12:00 | Lunch | Venue |
| | 11:30-14:00 | Cross-country(XC) - Men Elite | |
| | 14:30-17:00 | Cross-country(XC) - Women Elite | |
| | 17:30-18:00 | Award Ceremony(Elite & Junior) | |
| | 18:00-18:30 | Transport(Venue→Hotel) | |
| 09-30(Thurs) | 19:00-21:00 | Farewell Dinner | Hotel |
| | | Team departure | Hotel |

IV. Maps

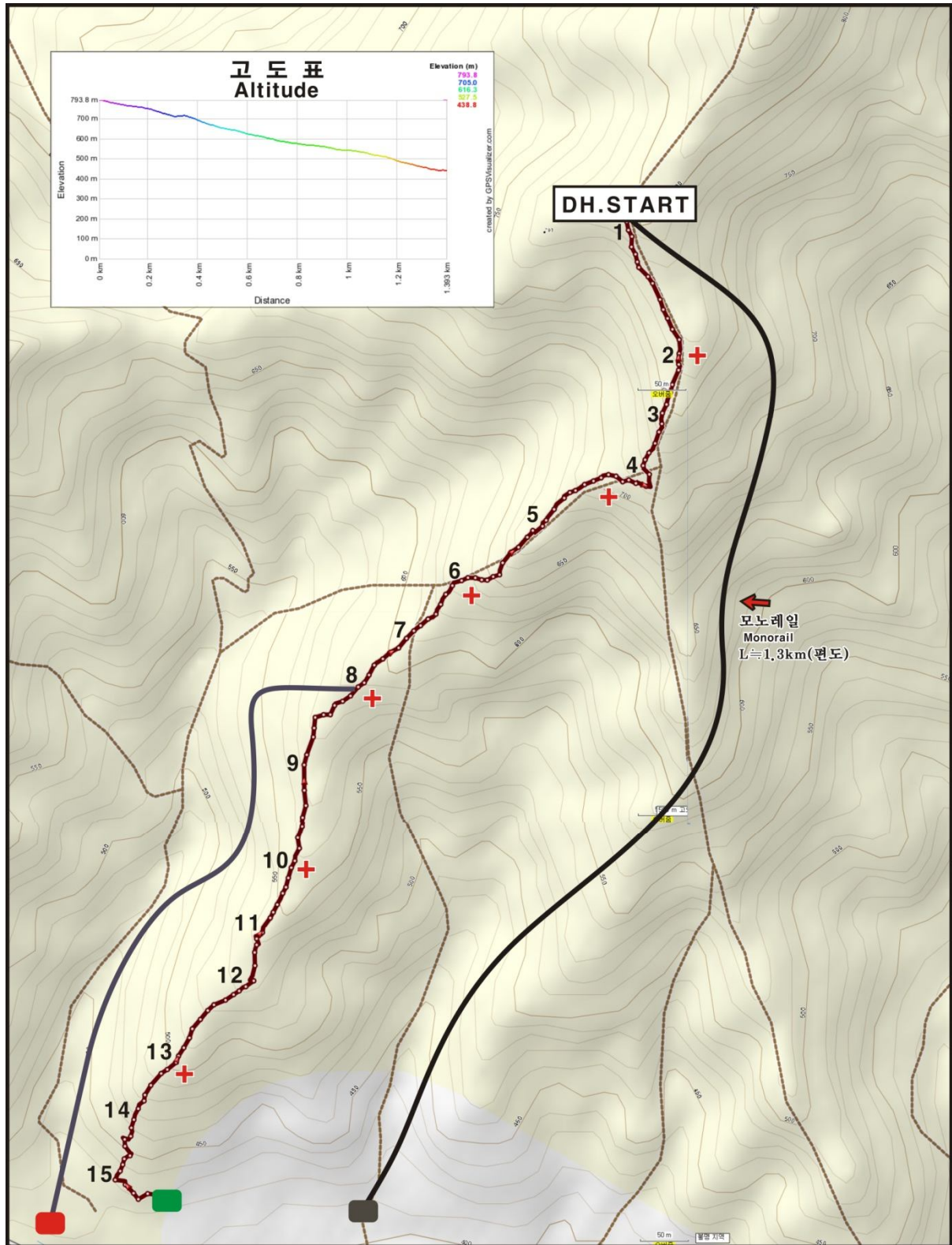
(1) Map of Race Area



(2) Cross-Country



(3) Downhill



V. Specific Regulations

PARAGRAPH 1. 2010 Asian MTB Championships

The 16th 2010 Asian MTB Championships & 2nd Asian Junior Mountain Bike Championships (2010 Asian MTB Championships) is one of the international races, which are registered in the Asian Cycling Calendar of the Union Cycliste Internationale (UCI). This event is a Continental Championship registered on the 2010 UCI Mountain Bike Calendar.

The 2010 Asian MTB Championships is organized by Asian Cycling Confederation and is superintended by 2010 Asian MTB/BMX Championships Organizing Committee, Korea Cycling Federation and Jecheon City. It is held under the regulations of International Cycle Union (UCI) and the Korea Cycling Federation (KCF).

PARAGRAPH 2. Participation

Only riders who observe the UCI articles as well as the regulations as well as the ACC regulations have the right to participate in the 2010 Asian MTB Championships. These riders must have valid licenses issued by the federations affiliated to the UCI.

PARAGRAPH 2. Category of Event

The 2010 Asian MTB Championships is a continental championship and the categories are as follows :

- Cross-Country (XCO) : Elite Men, Elite Women, Junior Men, and Junior Women
- Downhill (DHI) : Elite Men and Elite Women.

Points are awarded in conformity with the UCI rules

PARAGRAPH 3. Insurance

All participants must be adequately insured against accidents & civil responsibility insurance before they leave their country.

The organizer will not compensate for any accidents and injuries that may occur during one's stay in Korea.

PARAGRAPH 4. ID Card and Access Restriction

All persons taking part in the 2010 Asian MTB Championships must carry their ID cards in order to identify themselves and to be admitted into controlled places, such as the areas around the starting and finish lines and the Headquarters. ID cards will be handed out upon checking in to the official hotel.

PARAGRAPH 5. Transfer between the hotel and the venue

Shuttles will be provided for teams to transfer between the hotel and the venue.

PARAGRAPH 6. Transfer to the downhill start area

Riders and officials may take the monorail in order to get to the downhill start area

PARAGRAPH 7. First Aids Measures

The headquarter will provide first aid on the scene during the event. Participants will be responsible for any further treatment after the Championships.

PARAGRAPH 8. Race Headquarters

Location : Cheongpung Resort Lake Hotel

#4, Gyo-ri, Cheongpung-myun, Jecheon-si, Chungcheongbuk-do, South Korea

Opening hours : Sep. 24th : 14:00 ~ 21:00

Sep. 25th : 09:00 ~ 21:00

Sep. 26th : 09:00 ~ 21:00

Sep. 27th : 09:00 ~ 21:00

Sep. 28th : 09:00 ~ 21:00

Sep. 29th : 09:00 ~ 21:00

Sep. 30th : 09:00 ~ 21:00

PARAGRAPH 9. Time Keeping

Photo-finish, light beams and transponders will be used to produce results.

PARAGRAPH 10. Anti-doping Control

The UCI and KADA anti-doping regulations are entirely applicable to the event.

Moreover, in conformity with the law of Korea, the Korean anti-doping legislation is applicable in addition to the UCI anti-doping regulations.

The anti-doping tests will take place at the facility near the finish line.

PARAGRAPH 11. Green Sport

Cycling is a green sport.

All personnel are reminded that the race passes through areas of wildlife and natural beauty, historical sites and reserves that we should help to preserve.

Neither littering nor throwing water bottles along the race course is strictly prohibited.