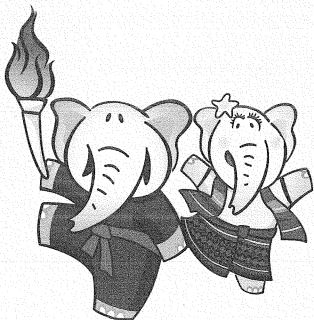




25th SEA GAMES, LAOS
VIENTIANE 2009

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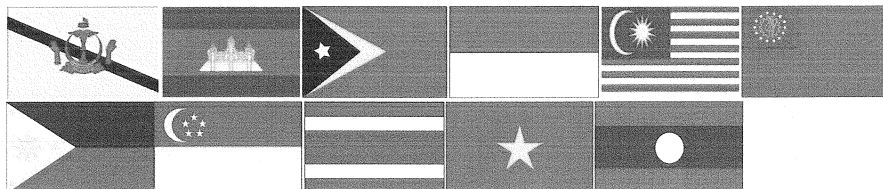
25th SEA GAMES, LAOS
VIENTIANE 2009



TECHNICAL HANDBOOK



CYCLING



* Program:

1. Dates

The 25th SEA Games Cycling Competition will be held from December 09th–14th, 2009.

2. Venue

a. Competition Site

o Road Events:

Time Trial

The competition will be held at Patuxai–Lan Xang Avenue–Sethathirath–Thadeua km10–T4 and Kaysone Road.

Massed Start

The Competition will be Started at Done None Tri Square, Ban Keun and return at Nam Ngum Dan-Tri Square Road for men, women return at Pakkhangoung.

Mountain Bile

Cross country will be held at Tad Song, Saythany District.
Down Hill will be held at Dane Song, Saythany District.

b. Training Site

Training venue will be provided at the same location as the competition site.
The training schedule for each team will be given upon the arrival.

3. Events

The 25th SEA Games Cycling Competition will be contested in the following events:

Men Road

48 km Individual Time Trial (ITT)
160.3 km Individual massed start.

Men MTB

Cross Country (8.5 Km per lap) x 4
1.5 Km Down Hill

Women Road

24 km Individual Time Trial (ITT)
116.1 Individual massed start.

Women MTB

Cross Country (8.5 Km per lap) x 3
1.5 Km Down Hill

4. Competition Schedule

1 day	Registration V/Meeting
3 days	MTB
1 day	Rest
2 day	Road

Date	Time	Events	Category	Phase
Dec 08, 2009	14.00	License and Jersey Check		
	15.00	Team Managers' Meeting		
Dec 09, 2009	09.00	Down Hill	Men's	Seeding Run
	10.00	Down Hill	Women's	Seeding Run
Dec 10, 2009	09.00	Down Hill	Men's	Final
	09.30	Victory Ceremony	Men's	
	10.30	Down Hill	Women's	Final
	11.00	Victory Ceremony	Women's	Final
Dec 11, 2009	09.00	Cross Country	Men's	Final
	11.00	Victory Ceremony	Men's	
	13.00	Cross Country	Women's	Final
	15.00	Victory Ceremony	Women's	
Dec 12, 2009		Rest		
Dec 13, 2009	09.00	Time Trial	Women's	Final
	11.00	Time Trial	Men's	Final
Dec 14, 2009	12.00	Victory Ceremony	Men's + Women's	
	09.00	Massed start	Women's	Final
	12.00	Victory Ceremony	Women's	
	13.00	Massed Start	Men's	Final
	16.30	Victory Ceremony	Men's	Final

The schedule is subject to change upon the number of the entries.

IV. GENERAL RULES & REGULATIONS

1. Rules

The 25th SEA Games Cycling Competition will be conducted in accordance with the Rules of Union Cycliste Internationale (UCI). In case of a disagreement in the interpretation of rules from versions in different languages, the English text will prevail. Any unforeseen incident not covered by the UCI Rules shall be dealt with accordingly in the following manner:

- a. Technical questions shall be resolved in accordance with the UCI Rules.
- b. Case of general nature shall be resolved in accordance with the SEA Games Federation Statutes and Rules (2009). Particularly, the following rules shall have precedence:

SEAGF Rules 30 – Eligibility Code:

To be eligible for participation in the SEA Games, a competitor must comply with the SEA Games Federation Statutes and Rules as well as Rules 41 and the By-Laws to Rule 41 of the Olympic Charter.

SEAGF Rule 31 – Nationality of Competitor:

Only nationals of the country of the NOC shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country, which a competitor may represent in the SEA Games, shall be resolved by the Executive Committee in accordance with the By-Laws to Rule 42 of the Olympic Charter.

SEAGF Rule 33 – Medical Code:

- a. Doping violation as defined by the WADA Code is forbidden.
- b. All competitors are liable to medical control and examination carried out in conformity with the rules of the International Olympic Committee Medical Commission, The WADA Anti-Doping Code and Explanatory Documents.
- c. Competitors in sports restricted to women must comply with the prescribed tests for femininity, when needed.
- d. Any competitor refusing to submit for a medical control or examination or is found guilty of an Anti doping violation shall be excluded from the SEA Games. The principles of exclusion for teams and individuals shall be in accordance with the WADA Code.

- e. A medal may be withdrawn by order of the Executive Committee on the proposal of the Chairman of the Organizing Committee.
- f. A Medical Commission as approved by the Medical Committee of the SEAG Federation will be set up to implement these rules. Members of which be nominated by their respective NOC as approved by the Medical Commission of the SEAG Federation.
- g. The above regulations shall in no way affect further sanctions by the international Federation.

SEAGF Rule 37 – Number of Entries:

The maximum number of entries from each nation in each event is fixed by the Federation in consultation with the Host NOC. However, the following numbers cannot be exceeded:

- a. For individual events, including singles and doubles events, there shall only be two (2) entries from each NOC (without reserves). For the sports of Arnis, Bodybuilding, Boxing, Judo, Karate-do, Muay, Pencak Silat, Taekwondo, Weightlifting, Wrestling and Wushu, there shall only be one (1) entry per weight category from each NOC, and for Sailing where there shall only be one (1) entry per event from each NOC. Any event with three or more members to make up a team shall be deemed to be a team event, and there shall only be one (1) team (entry) from each NOC.
- b. For team events, one (1) team per nation, the number of reserves shall not exceed the number of players allowed by the International Federation.
- c. For events where both team and individual competitions are conducted at the same time, the competitors for any one NOC cannot win more than two (2) medals in their respective individual events.

SEAGF Rule 40 – International Federation:

- a. The Organizing Committee shall write to the International Federation concerned for their permission to hold their sport in the Games. If requested by the International Federation concerned one representative shall arrive at least five (5) days before the beginning of the first event of their sport in order to check the facilities and equipment and arrange the entries, which must confirm to its rules and the rules of the SEAGF.
- b. The Organizing Committee shall pay the accommodation, meals and local expenses of its representative at the established rate of the Organizing Committee until two (2) days after the closing of their competition.
- c. In exceptional cases, if for technical reasons the presences of additional delegates are necessary, the appropriate arrangements shall be made with the Organizing Committee; the Executive Committee must be previously informed. In case of disagreement, the Executive Committee shall decide.

SEAGF Rule 41 – Technical Officials and Jury of Appeal:

- a. The necessary Technical Officials (Referees, Judges, umpires, timekeepers, inspector, etc .) and a Jury of Appeal for each sport shall be appointed by the appropriate National Federation of the Host Country, which shall direct work in conjunction with the Organizing Committee.
- b. If technical officials are needed from the other Member Organizations, to be invited to the Games, the Organizing Committee shall seek approval from the Executive Committee. Should the Executive Committee approve the request, the Organizing Committee shall pay their expenses for accommodation, meals, and local transport for the whole period of the Games.
- c. The technical officials and the members of the Jury of Appeal must have never been professionals in sport.
- d. No official who has participated in a decision may serve in the Jury of Appeal that reviews it. The findings of the Jury shall be communicated as soon as possible to the Organizing Committee and the Executive Committee.
- e. Technical officials may not live in the Games Villages, but the Organizing Committee shall ensure and bear the cost of their living accommodation, including board and local transport facilities.
- f. The Jury of Appeal's decisions on all technical questions concerning its respective disciplinary nature is final. They shall, however, be without prejudice to any further penalty, which may be imposed by the Executive Committee.
- g. The Jury of Appeal shall be composed of a Chairman, which position shall be filled up by the Host Country of the Games with a representative of each member country as members.
- h. The International Technical delegates to the Games may be appointed ex-officio member of the body and shall act only in an advisory capacity, unless their respective International Federation requires otherwise.

- i. In the event of a dispute or protest relating to technical questions concerning its respective sporting event, representatives of countries in the Jury of Appeal whose countries are involved in the dispute or protest may be allowed to participate in the deliberations, but cannot vote in the resolution of the protest or dispute.

SEAGF Rule 42 – Court of Appeal:

The Executive Committee on behalf of the Federation is the Court of Appeal, which will decide finally on all questions concerning the Games. NOCs or the Organizing Committee may submit questions to the Court of Appeal. In addition to the Court of Appeal may intervene in all questions of non-technical nature outside the Jurisdiction of the Juries of Appeal set up for each sport in the programme.

SEAGF Rule 43 – Claims and Protests:

- a. Claims and protests made to the judges on the grounds concerning matters of fact are decided by them without appeal. Appeals against other decisions of the Judges or with regard to any other matter must be addressed to the Chairman of the Jury of Appeal for the sport concerned by a representative of the NOC of the country making the appeal.
- b. For exceptional circumstances, any claim must be made within thirty (30) minutes of the decision giving rise to the claim. The Jury of Appeal after an investigation shall then give a decision and this decision shall be irrevocable, except the case of a disqualification of a team or of a competitor for infraction of the Southeast Asian Games Federation, which shall be decided by the Court of Appeal. All claims and appeals must be made in writing.

SEAGF Rule 44 – Penalties in Case of Fraud:

A competitor proved fraudulently to have transgressed the Rules and Regulations of the Southeast Asian Games Federation, shall be disqualified and lose any position he/she may have gained. If this competitor's NOC is proved to have been a party to the fraud, his/her country shall be disqualified in the sport involved.

2. Participations

- 2.1 The 25th SEA Games Cycling Competition is reserved for athletes representing National Olympic Committees affiliated to the SEA Games Federation.
- 2.2 Only competitors who comply with the conditions laid down in the SEAGF Statutes and Rules (2009) and the UCI Rules are entitled to participate. In addition, every cyclist must possess a UCI International License valid thru 2006.
- 2.3 Each country may enter a maximum of twelve(12) men and twelve (12) women riders, to be distributed as follows:
- 2.3.1 Mountain Bike (4 Events – 4 Gold medals)
- | | |
|---------------|---------|
| Down Hill | M2 / W2 |
| Cross Country | M4 / W4 |
- 2.3.2 Road (4 events - 4 gold medals)
- | | |
|--------------|-----------|
| Time Trial | M 2 / W 2 |
| Massed Start | M 4 / W 4 |
- Medals will be awarded and be counted in the medal tally even though there is just only single team take part in the competition.
- 2.4 Each country may enter at least 18 years of age. It means that they must born in the year of 1991 onwards.

3. Entries

- 3.1 Entries in each participating country must be submitted in accordance with the regulation laid down by the 25th SEA Games Organizing Committee (LAOSOC).
- 3.2 **Preliminary Deadline for “Entry by Number”**
Preliminary entry forms by number from each participating country, forwarded through the respective National Olympic Committee (NOC), must be completed and should be received by LAOSOC not later than June 09, 2009 at 24:00 hours LAO time (GMT+7).

3.3 **Final Deadline for “Entry by Name”**

The entry forms by name must be received by LAOSOC not later than October 26, 2009 at 24:00 hours LAO time (GMT+7).

- 3.4 Both entries by number and name may be sent by fax or e-mail, but must subsequently be confirmed with the original documents, by mailing them to the following address:

Sports Technical Committee SEA Games 2009

Address	-	Chao anouvong Stadium, Khounboulom Road. Chanthabouly District, Vientiane Capital City.
Telephone	-	+856 – 25 3040
Fax	-	+856 – 25 3040
E-mail	-	techc@laosoc.com
Website	-	http://www.Laosoc.com/webmail

4. Technical Meeting

The Technical Meeting will be held one (1) day before the commencement of the competition. The time and venue of the meeting will be announced later.

V. COMPETITION RULES & REGULATIONS

1. Technical Organization

Lao Cycling Federation under the guidance of technical delegate(s) is responsible for the Technical Organization of the Cycling competition.

2. Venues & Equipment

2.1 Competition Venues

The Competition venues information has already mentioned in the Article III. Competition Information (2A)

2.2 Equipment for Competition

All equipment and facilities will be prepared and be complied with the UCI Rules and Regulations (Latest Version).

3. Competition Management

3.1 Medical Examination

3.1.1 Doping Control

Doping control tests will be carried out in accordance with the Rules and Regulations.

Doping Control tests will be conducted using urine samples.

Competitors chosen for doping control tests will be notified themselves to the doping control station with their accreditation (AD) cards not later than one hour after the competition.

Tests results of competitors who fail to report to the control station will be processed as “positive”.

Competitors chosen for doping control tests must be accompanied by one of the following team officials, coach or doctor.

3.1.2. Gender Verification

Gender verification tests will be carried out in accordance the Rules and Regulations except for those competitors who present a valid certificate of femininity issued by the International Olympic Committee (IOC) Medical Commission or Olympic Committee of Asia (OCA) Sports Medicine Committee.

3.1.3 Victory Ceremony

Medals shall be presented if possible immediately after the event and where the competition is taken place in the following manner.

The competitors who have been judged first, second and third shall take their places in their sports costumes or uniforms and are ready at their places at the victory ceremony.

4. Medical & Health Service

4.1 Medical Services

4.1.1 A polyclinic will be set up in the Village and will be operated around the clock to provide primary medi-care. A system will be set up to enable transportation to designated hospitals, when necessary.

4.1.2 Medical Treatment will cover internal medicine, general, and orthopedic surgery, ophthalmology otorhinolaryngology dentistry support services will include pharmacy physical therapy clinical laboratory test and radiology.

5. Protests & Forfeits

All protests shall be dealt with in accordance with the UCI and Specified Rules.

6. Interviews

Interviews with prize winners will be conducted in the designated interview room/corner following him Victory Ceremony.

7. Accreditation

Accreditation is the process of identifying, registering and validating the eligibility of all participants of the SEA Games 2009. This ensures each person has access to the venues and areas that they need within framework of their role and function. Participants are issued with a SEA Games Identity and Accreditation Card which must be visibly displayed on their person at all times during the Games.

In case of lost or damaged Accreditation Cards, a written statement of loss must be submitted to the Accreditation Department.

The Accreditation Department reserves the right to re-issue eligible individuals with a new card.

Lost or damaged cards will be cancelled within the system and may not be reactivated at a later stage.

8. Transportation

8.1 Training Venues & Training Schedules

8.1.1 Road

Shuttle Bus Timetable from the Village

The Village to Competing Venue

08.00 hours 08.30 hours

Competing Venues to The Village

12.00 hours 13.30 hours

The Village to Competing Venue

13.00 hours 13.30 hours

Competing Venues to The Village

17.00 hours 17.30 hours

***Remark:** The Shuttle Bus Timetable will be in service from December 6-10, 2009 for Mountain Bike and from December 6-13, 2009 for Road Events, The Timetable is subject to be changed.

9. Insurance Coverage

The SEA Games Organizing Committee in conjunction with local hospital is responsible for the provision of free hospital care to participants and for those needing acute care only. The benefits of this coverage include: Free Treatment in a hospital, Free outpatient services, Free medications during a hospital stay.

PRIZES AND COMMENDATION

1. Victory Ceremonies

The Victory Ceremonies shall normally be held after the completion of each event. Participants receiving awards must wear official NOC uniform.

2. Prizes

The prizes will be awarded as follows:

First Prize : Gold Medal and Diploma

Second Prize : Silver Medal and Diploma to the cyclist/s.

Third Prizes : Bronze Medals and Diploma to the cyclist/s.

4th – 6th : Diploma to the cyclists placed fourth to sixth in each event.

There shall be no tie for gold, silver or bronze medal placing, except in events where there is no play-off between semi-finalists for the bronze medal. Should there be a tie at the end of a competition for the gold, silver or bronze placing, a sudden death play-off shall be held to break the tie.

VI. APPROVAL OF TECHNICAL HANDBOOK

This technical handbook was approved by the ACC on, 2009.



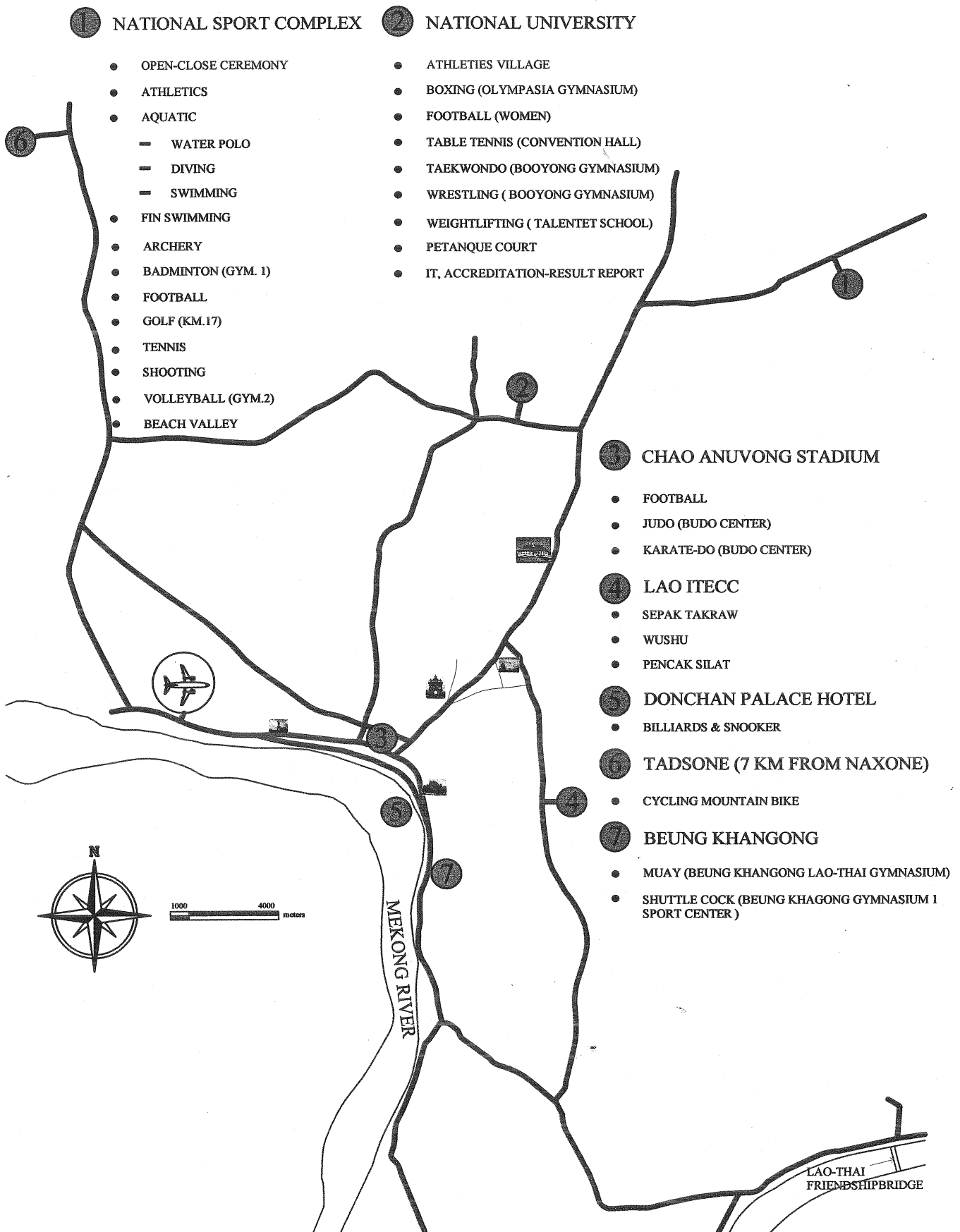
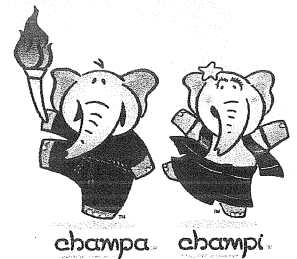
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25TH SEA GAMES

DECEMBER 9-18, 2009

MAP OF COMPETITION AND TRAINING VENUES



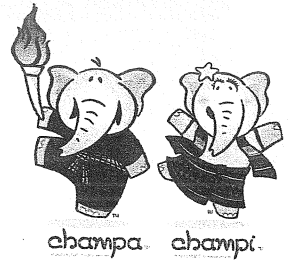


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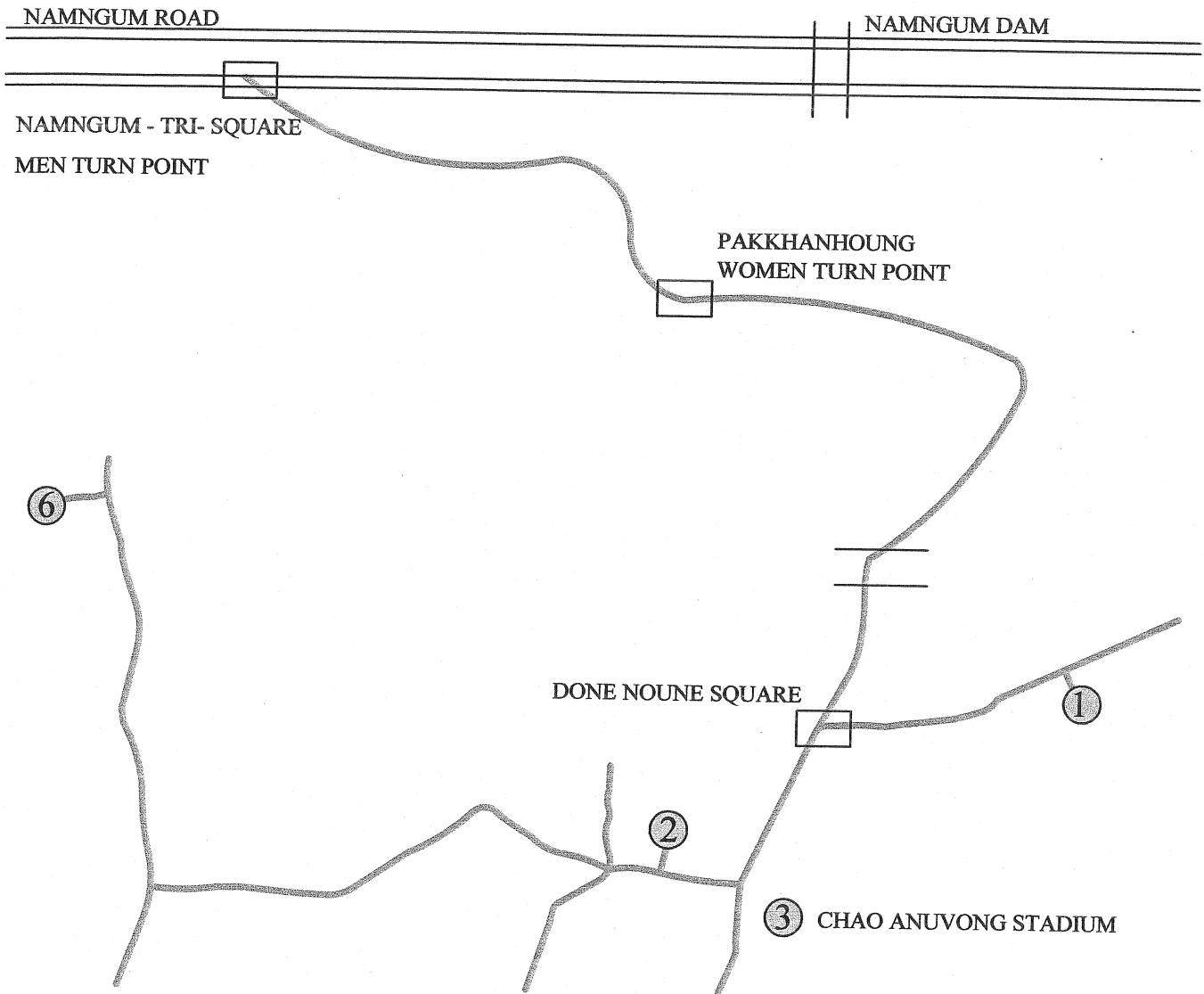
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MAP OF COMPETITION AND TRAINING VENUES



ROAD CYCLING MASSED START MEN AND WOMEN



1000 4000 meters



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MAP OF COMPETITION AND TRAINING VENUES ROAD CYCLING TIME TRIAL MEN & WOMEN

